

# P.E Newsletter

## Autumn Term, 2022-23



### Year 5/6 Tag Rugby

The children attended this action packed QEGS event back in October! The team, who received coaching from Mr. Bates, went on to win a match, draw two matches and loose a match. Some amazing displays of resilience and determination! It was great to see so many enthusiastic girls representing our school!

### KS2 Cross Country

This QEGS event was open to Year 3-6 and what a fantastic turn out we had!

### Year 3/4 Basketball

Year 3/4 children attended a QEGS Basketball event on Thursday 1st December and had a great time with the young leaders who warmed them up prior to games. They really built on their skills game on game.

### PE AUTUMN TERM

Year	Theme
<b>R / Yr1 / Yr2</b>	Real PE— Social Cog— Jumping and Landing Gymnastics—Primary Stars
<b>Year 3/4</b>	Real PE—Social Cog — Dynamic Balance and Agility Gymnastics—Primary Stars
<b>Year 5/6</b>	Real PE— Social Cog— Dynamic Balance Gymnastics—Primary Stars

### Fitness Day!

What a wonderful day to celebrate all things sport and fitness! The children loved participating and trying out new and exciting sports activities with the Primary stars team including—archery, golf and boccia!



(Left) Eva in Year 2 passed her grading for her green and white Karate belt! Well done Eva!



(Above) Quaid, Jack and George had an amazing tour of the Leicester Tiger's ground and met some of the players after the match!



### An introduction to our new Play-Leaders!

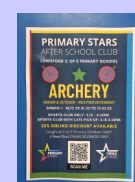
On Friday 16th December, 12 of our Year 5/6 children attended play-leader training led by the Derbyshire SSP at school. The children were taught a range of games and activities alongside key leadership skills.

They are keen to apply their skills to the Longford playground and will be working on a rota to deliver lots of different and engaging play activities during lunch times for the other children in school!

### PRIMARY STARS AFTER SCHOOL



### CLUB—SPRING TERM 1



### Sports events coming up...

KS1—Cross Country (Primary Stars)  
Year 3/4 Indoor Athletics (QEGS)  
Year 5/6 Indoor Athletics (QEGS)

