

For further information or to add any additional information to the document
please contact your Youth and Community Engagement Workers:



Name: **Mitch Duggins**

Tel: **07866 828513**

Email: **Mitch.Duggins@derbyshire.gov.uk**



Name: **Paisley Strang**

Tel: **07815 699375**

Email: **Paisley.Strang@derbyshire.gov.uk**

We would like to thank everyone for their support regarding the community updates, and we have amended the document with some of the feedback which we have received.

For additional Derbyshire wide information, please refer to the termly Derbyshire wide community update for your area.

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Food Banks: South Derbyshire and South Derbyshire Dales

South Derbyshire CVS

You can refer yourself or someone else to the Food Bank for help:

 **07458 305314** to request a food parcel.


 **info@sd cvs.org.uk**

 [Website](#) for more information




Ashby Food Bank

You can refer yourself or someone else to the food bank for help:

 **075421 18878** to request a food parcel


 **info@ashbyfoodbank.org.uk**

 [Website](#) for more information




Clothes Bank

You can refer yourself or someone else to the clothes bank for help:

 **07765 762286** to request support from the clothes bank


 **clothesbank.hillstbaptist@gmail.com**

 [Website](#) for more information




Ashbourne Elim Church

You can refer yourself or someone else to the food bank for help:

 **01335 661237** to request a food parcel


 **foodbank@ashbourneelim.church**

 [Website](#) for more information




Ossie's Kitchen– Ashbourne

You can refer yourself or someone else for support from Ossie's Kitchen:

 **07437 377345** to request a meal, meals every Tuesday


 **01335 664159** for the enquiries line

 [Website](#) for more information




Salvation Army-Community Lunches

You can refer yourself or someone else for support from the salvation army Community Lunches:

 **01283 216264** for further enquires, meals every Friday

 **Swadlincote@salvationarmy.org.uk**

 [Website](#) for more information




South Derbyshire District Council (SDDC)

You can refer yourself or someone else to the Food Bank for help:

 **01283 595795** for the customer services team at the SDDC


 **customer.services@southderbyshire.gov.uk**

 [Website](#) for more information



A Gift for you-South Derbyshire


There are now so many families ,single mums/dads ,elderly, homeless people in our area who are desperately in need .This page below intends with your help to provide items which would benefit them:

 [Facebook](#) for more information




Rural Action-Find a Foodbank

For more information on Foodbanks in Derbyshire:

 **01629 592970** to get help


 **info@ruralactionderbyshire.org.uk**

 [Website](#) for more information



GOV-Find a Foodbank


For more information on Foodbanks in your area:

 [Website](#) for more information



Trussell Trust-Find a Foodbank


For more information on foodbanks in your area:

 [Website](#) for more information



Universal Infant Free School Meals

For more information on the scheme:

 [Website](#) for more information



Kids Eat Out for Free Scheme: South Derbyshire and South Derbyshire Dales



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023

moneysavingcentral.co.uk/kids-eat-free



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

M&S

Free Kid's Munch Meal when you spend £5+ on non-kids food or drink at M&S Cafés

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

HUNGRY HORSE

Kids eat for £1 on Mondays

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day. FREE Crumpets also available

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE Monday - Friday from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BREWDOG

Kids under 13 eat free until August 25th 2023 with one adult's main meal when you pre-book with code: **KIDS EAT FREE**

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

FUTURE INNS

Under 5s eat for free with any adult meal.

Click the Image

To Enlarge!


Welfare Benefits : South Derbyshire and South Derbyshire Dales

Welfare Benefits– Derbyshire County Council

We can help you find out about the benefits you're entitled to and how to claim

 **01629 531535** to contact the Welfare Benefits Team


 **welfarebenefits@derbyshire.gov.uk**

 [Website](#) for more information



DWP-Manage an existing claim


Sign in to your account, report changes, find out about overpayments, or appeal a decision. Includes existing Universal Credit and tax credits claims.

 [Website](#) for more information



DWP-Benefits if your unable to work


Help if you're unable to work because you're ill or self-isolating. Includes Universal Credit and Employment and Support Allowance (ESA).

 [Website](#) for more information



DWP– Benefits support for families


Help if you look after children or plan to have or adopt a child. Includes Child Benefit.

 [Website](#) for more information



DWP– Benefits support for families that are disabled


Help if you're living with a health condition or disability. Includes Employment and Support Allowance (ESA).

 [Website](#) for more information



DWP– Benefits if you are caring for someone


Help if you regularly spend time caring for someone. Includes Universal Credit.

 [Website](#) for more information



DWP– Benefits support if someone dies


Help with costs and funeral expenses after someone has died. Includes Universal Credit.

 [Website](#) for more information



DWP– Benefits if you are on low income


Help with heating, housing and other living costs. Includes Universal Credit.

 [Website](#) for more information




DWP-Benefits if you are looking for work


Help if you're looking for a new job, are out of work or affected by redundancy. Includes Universal Credit and Jobseeker's Allowance (JSA).

 [Website](#) for more information




Citizens Advice– Benefits

 114 Church St, Church Gresley, Swadlincote DE11 9NR

 [Website](#) for more information






Job Centre Plus– Swadlincote


 7 Market St, Swadlincote DE11 9DY

jobcentreplus




Financial Support South Derbyshire and South Derbyshire Dales


SDDC-Problems paying Council tax

 **01283 595795** to contact Customer Services
 customer.services@southderbyshire.gov.uk
 [Website](#) for more information







SDDC- Council Tax: Exemption's, Discounts and Relief

 **01283 595795** to contact Customer Services
 customer.services@southderbyshire.gov.uk
 [Website](#) for more information







SDDC-Housing Benefit and Council Tax Reduction

 **01283 595795** to contact Customer Services
 customer.services@southderbyshire.gov.uk
 [Website](#) for more information







SDDC-Discretionary Payments

 **01283 595795** to contact Customer Services
 customer.services@southderbyshire.gov.uk
 [Website](#) for more information







SDDC-Benefit Appeals

 **01283 595795** to contact Customer Services
 customer.services@southderbyshire.gov.uk
 [Website](#) for more information




Derbyshire Dales- Problems paying Council tax

 **01629 818222** to contact revenues
 revenues@derbyshiredales.gov.uk
 [Website](#) for more information







Derbyshire Dales-Exemptions, Discounts and Relief

 **01629 818222** to contact revenues
 revenues@derbyshiredales.gov.uk
 [Website](#) for more information






Derbyshire Dales- Cost of Living Support

 **01629 761100** to contact customer services
 enquiries@derbyshiredales.gov.uk
 [Website](#) for more information






Citizens Advice Mid Mercia - Church Gresley Office

 **01283 210108** to contact citizens advice
 [Website](#) for more information







Citizens Advice- Ashbourne

 **01335 216885** to contact the surgery
 [Website](#) for more information







SDDC-Waste Less, Save More Project

 **01283 595795** to contact Customer Services
 [Facebook](#) for more information
 [Website](#) for more information







Derbyshire Advice - P3 Charity

 **01283 551144** to enquire about the service
 DIL@p3charity.org
 [Website](#) for more information



Derby Law Centre (Direct Help and Advice)

 **01332 287850** for free legal advice
 info@dhadvice.org
 [Website](#) for more information






My Finance Friend - Mickleover

 **0800 044 5733** for free consultation
 mark@myfinancefriend.co.uk
 [Website](#) for more information



SDDC-Disabled Facilities Grant


 **01283 595719** to contact Housing Adaptations
 [Website](#) for more information




Financial Support : South Derbyshire and South Derbyshire Dales

Severn Trent Trust Fund– Water Hardship Fund

The Trust Fund is a registered charity that provides help to customers who are unable to pay their bill.

 [Website](#) to apply for the fund

 contact@sttf.org.uk

 **0121 355 7766** to contact Severn Trent



Severn Trent Big Difference Scheme


The Big Difference Scheme can offer a reduction of water bills to any Severn Trent customer with a household income below £20,048.08.

 [Website](#) to apply for the scheme



British Gas Energy Trust fund


The British Gas Energy Trust support fund has helped more than 10,000 British Gas customers with energy debt write off grants worth up to £1,500.

 [Website](#) for more information



Eon Next Energy Fund

The aim of the E.ON Next Energy Fund is to help E.ON Next customers who are experiencing financial hardship and struggling.


 [Website](#) to apply for the fund



Scottish Power Hardship Fund

Are you currently struggling with debt related to Scottish Power payments?

You could qualify for help from the Scottish Power Hardship Fund if you meet the terms and conditions

 [Website](#) to apply for the fund




WaterSure Scheme

The Bill Cap Scheme - WaterSure runs for 12 months.

To get help through WaterSure you must be a Severn Trent customer, have a water meter and receive eligible benefits.

You must also have either:


- a) three or more children under 19 living with you, or
- b) a medical condition requiring the extra use of water

 [Website](#) for more information



USwitch Money Saving Tips


With working from home the new normal, we're all likely to be using more energy in our homes than usual. This will have a knock-on effect on our wallets, especially with the ongoing cost of living crisis, but there are measures we can take to try and use less energy.

 [Website](#) for more information



Burton and South Derbyshire College: Financial Support

Not sure if you can afford to study? At BSDC, we're doing all we can to make learning accessible to everyone as we believe our learners should be able to enjoy their time at college without the worry of whether they can meet the costs incurred as a result of studying.

 [Website](#) for more information



Funding grants for children and young people.

The South Derbyshire Talent Academy


The South Derbyshire Talent Academy is designed to aid talented local sports people to realise their potential, whether it be at County, Regional, National, or International level.

 Active.SD@southderbyshire.gov.uk.



South Derbyshire Community Grant Fund Scheme


The South Derbyshire Community Grant Fund has been established to support and develop community facilities, projects and initiatives within South Derbyshire which meet one or more of the Shared Prosperity Fund outcomes and has a total amount of £350,000 in the fund, made up of £150,000 from the UK Shared Prosperity Fund (UKSPF) and £200,000 from Rural England Prosperity Fund (REPF) monies.

 [Website](#) for more information



The 7Stars Foundation


The 7stars Foundation supports the most challenged young people in the United Kingdom. Assisting forgotten young people aged 16 years and under, lacking opportunity, to achieve their potential.

 [Website](#) for more information



Better Derbyshire Dales Fund


Groups can apply for up to £1,000 of revenue costs. This could include room hire, activities or sessional worker costs. Groups can also apply for up to £5,000 of capital costs such as repairs to a village hall or improving a community space.

 [Website](#) for more information



The John Weston Fund


Support to individual young people. The age range for applying is 11 – 25 years of age. Community & voluntary groups – Young People and Community & voluntary groups – Older People .

 [Website](#) for more information



Foundation Derbyshire


Foundation Derbyshire is proud to be an independent local funder, offering small grants of up to £2,500 to community & voluntary groups, local charities, and CIC's, working across Derby and Derbyshire.

 [Website](#) for more information



Local Projects Fund


Our Local Projects Fund is a grant scheme that helps communities deliver their ambitions. . The Fund is to support one off projects, ongoing activities and the development of sustainable longer term projects.

 [Website](#) for more information



Safer Neighbourhood grant application


Use this online form to apply for Safer Neighbourhood funding. It gives people a chance to develop projects to make their own community safer.

 [Website](#) for more information



Family Fund

We are the UK's largest grant-making charity for families raising a disabled or seriously ill child, on a low income.

 [Website](#) for more information



East Midlands Airport Community Fund




The Airport Community Fund is dedicated to bringing lasting benefit to those areas most affected by the airport's operations. It forms part of our Community Relations programme, committed to minimising the impact that airport operations have on surrounding communities.

[Website](#) for more information






Housing : South Derbyshire and South Derbyshire Dales

SDDC-Homeless Prevention

-  **01283 595795** to contact Housing Triage
-  **Housing.triage@southderbyshire.gov.uk**
-  [Website](#) for more information






SDDC– Homeless Prevention (Out of Hours)

-  **0808 1692 333** to contact out of hours team
-  **Outofhourshousing-derbys@p3charity.org**
-  [Website](#) for more information






SDDC-Duty to Refer

-  **01283 595795** to contact Housing Triage
-  **Housing.triage@southderbyshire.gov.uk**
-  [Website](#) for more information






SDDC-Want to apply for a council house?

-  **01283 595795** to contact Customer Services
-  **Housing.Jigsaw@southderbyshire.gov.uk**
-  [Website](#) for more information






SDDC-If you are experiencing Domestic Abuse

-  **01283 595795** to contact Customer Services
-  **Housing.triage@southderbyshire.gov.uk**
-  [Website](#) for more information






Derbyshire Dales– Homeless Prevention

-  **01629 761287** to contact housing triage
-  **Outofhourshousing-derbys@p3charity.org**
-  [Website](#) for more information






Derbyshire Dales– Out of Hours

-  **0808 1692 333** to contact out of hours
-  **revenues@derbyshiredales.gov.uk**
-  [Website](#) for more information






Derbyshire Dales– Duty to refer

-  **01629 761287** to contact housing triage
-  **homelessness@derbyshiredales.gov**
-  [Website](#) for more information






Derbyshire Dales-Want to apply for a council house?

-  **01629 533190** to contact customer services
-  **housingadvice@derbyshiredales.gov.uk**
-  [Website](#) for more information





Derbyshire Dales– housing floating support

-  **01335 216885** to contact the surgery
-  **housingadvice@derbyshiredales.gov.uk**
-  [Website](#) for more information






Homeless Prevention Service- P3 Charity

-  **01283 551144** to contact P3 Charity
-  [Website](#) for more information






Derbyshire Independent Living Service-P3 Charity

-  **01283 551144** to contact P3 Charity
-  **DIL@p3charity.org**
-  [Website](#) for more information






Blue Mountain Homes (18 and Under)

Provides a individual focused residential care to children and young people up to the age of 18:

-  **01332 366 337** to contact the referrals team
-  **referrals@bluemountain-homes.co.uk**
-  [Website](#) for more information






Derby Law Centre– Housing

-  **01332 287850** to contact service
-  **info@dhadvice.org**
-  [Website](#) for more information






Housing Related Support: South Derbyshire and South Derbyshire Dales

SDDC-If you are experiencing Domestic Abuse

-  **01283 595795** to contact Customer Services
-  **Housing.triage@southderbyshire.gov.uk**
-  **[Website](#)** for more information






Homeless Prevention Service- P3 Charity

-  **01283 551144** to contact P3 Charity
-  **careline@southderbyshire.gov.uk**
-  **[Website](#)** for more information






Derbyshire Independent Living Service-P3 Charity

-  **01283 551144** to contact P3 Charity
-  **DIL@p3charity.org**
-  **[Website](#)** for more information






Derbyshire Dales- housing floating support

-  **01335 216885** to contact the surgery
-  **housingadvice@derbyshiredales.gov.uk**
-  **[Website](#)** for more information



Derby Law Centre- Housing




-  **01332 287850** to contact service
-  **info@dhadvice.org**
-  **[Website](#)** for more information



Housing Related Support-Older People

The older people's independent living service will be decommissioned 2023-24 and a new short term, targeted service is being commissioned to start in March 2024. This service offers housing related support for people aged over 55 living in any type of home - private, rented or local housing association home.

Eligibility: people over 55.




-  **01283 228788** to contact SDDC
-  **careline@southderbyshire.gov.uk**
-  **[Website](#)** for more information



Housing Related Support - Younger People

The Step Up service provides tenancy related support to young people across Derbyshire who are vulnerable and at risk of homelessness. This is a countywide service delivered by Framework Housing Association and Adullam.

Eligibility: 18-24 Years

-  **0115 850 4059** to contact Framework HA
-  **setup@frameworkha.org**
-  **[Website](#)** for more information






Framework
For your future

Housing Related Support - Learning & Physical Disabilities

This housing related support is available to people with learning and physical disabilities regardless of their housing tenure and can be delivered in the home environment.


Eligibility: people aged 18 plus with a learning disability, physical disability, Asperger's syndrome, autism, acquired brain injury, or sensory impairment.

-  **0115 944 3540** to contact the NCHA
-  **careandsupportderbyshire@ncha.org.uk**
-  **[Website](#)** for more information



Citizens Advice—Homelessness

Get advice on applying for homeless help from the council, including making an application and challenging a decision

-  **[Website](#)** for more information

**citizens
advice** Mid Mercia

Mental Health Crisis Lines: Derbyshire Wide

Samaritans


To talk about anything that is upsetting you, 24 hours a day, 365 days a year

 **Call: 116 123**



SANEline


If you're experiencing a mental health problem or supporting someone else

 **Call: 0300 304 7000**



National Suicide Prevention Helpline


Offers supportive listening service to anyone with thoughts of suicide

 **Call: 0800 689 5652**



Papyrus HOPELINEUK


If you're under 35 and struggling with suicidal feelings, or know someone that is


 **Call: 0800 068 4141**



Campaign Against Living Miserably (CALM)

5pm – midnight everyday if you're struggling and need to talk. Alternatively, if you prefer not to speak on the phone, you could try the CALM webchat service


 **Call: 0800 58 58 58**

 [Website](https://www.calm.org.uk) for more information



The Mix


If you're under 25, you can call the Mix from 3pm – midnight everyday.

 **Call: 0808 808 4994**



Switchboard


If you identify as gay, lesbian, bisexual or transgender, call Switchboard

 **Call: 0300 330 0630**



Galop


There are lots of different ways to contact us.

 **Call: 0800 999 5428**



Derbyshire Mental Health Support Line


The Derbyshire Mental Health Helpline and Support Service is a free-phone service available to everyone living in Derbyshire - both young people and adults. It is open 24 hours a day, seven days a week.

 **Call: 0800 028 0077**



ReThink - Emotional Support Helpline


An Emotional Support Helpline, using their single point of access contact centre.

 **Call: 01773 734989**



Winston's Wish


If you're a young person who is finding it hard to cope with their grief or an adult who needs help to support a grieving child, give our support line a call. We're here to listen, offer support and provide information and resources. We can speak to grieving young people, parents, teachers and anyone who is supporting a grieving child. On our Helpline

 **Call: 0808 802 0021**



Survivors of Bereavement by Suicide

SoBS exists to meet the needs and break the isolation of those who have been impacted by a loss through suicide.

 **Call: 0300 111 5065**




Mental Health & Emotional Well being for Young People : South Derbyshire and South Derbyshire

Child Mental Health Services (CAHMS) South Derbyshire and South Dales

We support children and young people aged 0-18 (and their families) with a wide range of mental health difficulties in Derby and south Derbyshire.

 **01283 27077** to contact CAHMS in Swadlincote


 [Website](#) for more information




First Steps ED– Young Person

First Steps ED provides a non-judgemental support for young people (7-18 years) who suffer with eating disorders and live within the Derbyshire area. They organise Mental Health Workshops in schools such as:

- Body Image and Self-Esteem
- Introduction to Mental Health and Wellbeing
- Managing Mental Health
- Building Resilience.

 **0300 1021685** to contact First Steps


 info@firststepsed.co.uk

 [Website](#) for more information




Family Support Derbyshire

We understand the challenges faced by families and can offer emotional and practical support. Whatever your situation or difficulty, we are here to help. Family Support Derbyshire are able to help with mental ill health.

 **07903258152** to contact Lydia Hodgson

 Lydia@familysupportderbyshire.org.uk

 [Website](#) for more Information




South Derbyshire & South Dales Family Health Service


The Derbyshire school nurses are available to support you and your child.


Providing advice, support and information to children and families on a range of issues including:

- Emotional health
- Physical health
- Sexual health
- Health and wellbeing.

School nurses deliver the Healthy Child Programme as to ensure a healthy start for every child including immunisations and health checks.

 **01246 515100** to contact the Derbyshire School Nurses

 marie.haywood2@nhs.net to contact Marie Haywood (Specialist Community Public Health Nurse)




 [Website](#) for more information

Derbyshire Family Health Service






Mental health and Emotional Wellbeing : South Derbyshire and South Derbyshire Dales

Rethink– Peer Recovery Service

-  **01773 734989** to contact the Peer Recovery Service
-  **DerbyshireRecoveryPeerSupportService@rethink.org**
-  **[Website](#)** for more information





Rethink– Support Groups

-  **0121 522 7007** to contact General Enquires
-  **info@rethink.org**
-  **[Website](#)** for more information



Rethink-Talking Together Group




Thursday's 10am-1pm at 12 Hill street, Swadlincote, DE11 8HL:

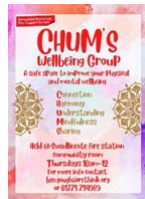
-  **01283 551144** to contact P3 Swadlincote
-  **Elaine.coleman@p3charity.org**






Rethink - CHUMS Wellbeing Group

Wednesday's 1pm-3pm at Fire Station, Swadlincote

-  **07502 157029** to contact Ben Gough
-  **Ben.Gough@rethink.org**
-  **[Website](#)** for more information






Rethink– CHUMS

-  **07502 157029** to contact Ben Gough
-  **Ben.Gough@rethink.org**
-  **[Website](#)** for more information






Rethink– Swadlincote Social Support

-  **07502 157209** to contact Ben Gough
-  **connect@sd cvs.org.uk**
-  **[Website](#)** for more information






SDCVS-Connect Befriending Service

-  **01283 219761** to contact the SDCVS
-  **connect@sd cvs.org.uk**
-  **[Website](#)** for more information



Hope Equine Healing -Equine Therapy





Peer support sessions on Monday's, Wednesdays and Fridays 11am-1pm, £5/hour for two hour sessions:

-  **07496 833113** to contact Marie directly
-  **hopeequinehealing21@gmail.com**
-  **[Facebook](#)** for more information






Survivors of Bereavement by Suicide (SOBS)

The Swadlincote group will hold meetings for those over the age of 18, impacted by suicide loss in their local area:

-  **07399 552142** to contact Swadlincote SOBS
-  **swadlincote@uksobs.org**
-  **[Website](#)** for more information
-  **[Facebook](#)** for more information





Trent PTS-South Derbyshire

-  **01283 224173** to contact South Derbyshire TPTS.
-  **enquiries@trentpts.co.uk**
-  **[Website](#)** for more information & Referral Process






CAHMS-Derby and Southern Derbyshire

-  **01283 27077** to contact CAHMS in Swadlincote
-  **[Website](#)** for more information






First Steps– Eating Disorders specialist

-  **0300 1021685** to contact First Steps
-  **info@firststepsed.co.uk**
-  **[Website](#)** for more information




The Burden Basket-Swadlincote

The Burden Basket is a Mental Health Support Service for Children and Young People:

-  **07962 229206**
-  **admin@burdenbasket.co.uk**
-  **[Website](#)** for more information




South Derbyshire and Derbyshire Dales South Team

 [Website](#) for more information



Derbyshire Healthcare
NHS Foundation Trust


South Derbyshire and South Dales– How to register with a GP?

 [Website](#) for more information



Derbyshire Healthcare
NHS Foundation Trust


NHS– Find a GP near you

 [Website](#) for more information




Derbyshire Healthcare
NHS Foundation Trust

NHS-How to find an NHS Website


 [Website](#) for more information

Live life Better Derbyshire

We offer help on a wide range of topics including stopping smoking, weight management and advice on how to get more active. Find out more about the services we offer:

 **01629 538200** to contact Live Life Better Derbyshire


 asch.llbd.info@derbyshire.gov.uk

 [Website](#) for more information


**Live Life
BETTER
DERBYSHIRE**


Active South Derbyshire

Active South Derbyshire is made up of individuals, clubs, community groups and organisations that take part in or have an interest in physical activity, sport and recreation in the District.

 **01283 595873** to contact Active South Derbyshire


 Active.SD@southderbyshire.gov.uk

 [Website](#) for more information


 [Facebook](#) for more information


**Active South
Derbyshire**

Health and Fitness-Ashbourne


 [Website](#) for more information

 sportsdevelopment@derbyshiredales.gov.uk

 [Facebook](#) for more information




Age UK-Strictly No Falling Classes– South Derbyshire

 [Website](#) for more information




Age UK-Strictly No Falling Classes– South Dales

 [Website](#) for more information






Living Well

 [Website](#) for more information






Staying Active: South Derbyshire and South Derbyshire Dales

Active South Derbyshire-Activities of Adults 2023

-  **01283 595873** to contact South Derbyshire Active
-  **Active.SD@southderbyshire.gov.uk**
-  [Website](#) for more information






Active South Derbyshire– FNP Project (11-16)

-  **01283 595873** to contact South Derbyshire Active
-  **Active.SD@southderbyshire.gov.uk**
-  [Facebook](#) for more information






Rethink– CHUMS (18+)

-  **07502 157029** to contact Ben Gough
-  **Ben.Gough@rethink.org**
-  [Website](#) for more information




Active South Derbyshire– WNP Project (11-16)

-  **01283 595873** to contact South Derbyshire Active
-  **Active.SD@southderbyshire.gov.uk**
-  [Website](#) for more information






Crown Kickboxing– Adults, Children and Young people

-  **07970 846393** to contact Crown Kickboxing
-  **charrison70@yahoo.co.uk**
-  [Website](#) for more information






Swadlincote Lasers– Swadlincote Basketball Club

-  **07970 846393** to contact the Swadlincote Lasers
-  **swadlincotelasers@gmail.com**
-  [Website](#) for more information






Green Bank Leisure Centre– Swadlincote

-  **01283 216269** to contact the Reception
-  [Website](#) for more information
-  [Facebook](#) for more information







Etwall Leisure Centre– Etwall

-  **01283 735404** to contact the Reception
-  [Website](#) for more information
-  [Facebook](#) for more information






Ashbourne Leisure Centre-Ashbourne

-  **01335 343712** to contact the Reception
-  **ashbourne@freedom-leisure.co.uk**
-  [Website](#) for more information
-  [Facebook](#) for more information






Rolleston Forestry Centre

-  **01283 224173** to contact South Derbyshire TPTS.
-  **enquiries@roslistonforestrycentre.co.uk**
-  [Website](#) for more information & Referral Process






Conkers

-  **01283 216633** to contact Conkers
-  **info@visitconkers.com**
-  [Website](#) for more information






Melbourne Sporting Association-Melbourne

-  **07966 933583** to call the Centre
-  **admin@melbournemsp.org**
-  [Website](#) for more information




Hilton Youth Group

-  **hiltonyouthgroup@gmail.com**
-  [Website](#) for more information
-  [Facebook](#) for more information



Circus Strong-Ashbourne

-  [Website](#) for more information



Domestic Abuse: South Derbyshire and South Derbyshire Dales


Derbyshire Wish– Accommodation & Community Based Support

Domestic Abuse Community Based Support for Adults and Children.

Derbyshire Community Based Support services provides support to men, women and children experiencing domestic abuse. Help and support is delivered in your home, if it is safe to do so, or at any safe venue in the local area. They cover the areas of South Derbyshire and South Dales.

 **08000 198688** to Refer


 **DerbyshireWish@ncha.org.uk**

 [Website](#) for more information




Trident Reach– New Horizons

The Domestic Abuse New Horizons Service helps to improve the safety and protection of victims of domestic abuse and their families, living in the private sector that approach South Derbyshire District Council (SDDC) Housing Solutions team, for support.

 **07458 012628** to check the eligibility


 **NewHorizons@tridentreach.org.uk**

 [Website](#) for more information



SDDC-Domestic Violence Support


Domestic abuse can be physical, sexual, emotional, psychological or financial. It happens within the home, inflicted by a family member or someone you are close to.

 [Website](#) for more information




SDDC– Domestic Violence Support (Housing)

If you are experiencing domestic abuse and it is not safe to stay in your home:

 **01283 595795** to contact the housing triage Team

 **housing.triage@southderbyshire.gov.uk**

 [Website](#) for more information




Crossroads– Derbyshire Dales Services

We offer a range of confidential support and advisory services to women, men, children and young people suffering the damaging effects of domestic abuse including:


Refuge for young women and children needing a safe place to stay

1. Outreach services for women and men
2. Community programmes for young people
3. Counselling for women and men
4. Specialist services for children

A Variety of these Services will be available in South Dales.

 **01457 856675** to contact Crossroads

 **admin@crossroadsderbyshire.org**

 [Website](#) for more information




Crossroads
DERBYSHIRE

Sexual Abuse: South Derbyshire and South Derbyshire Dales


SARAC– Sexual Abuse Rape Advice Centre 11-18 Service

offers confidential support for people in Swadlincote and South Derbyshire who are at risk of or have experienced sexual violence and/or rape at anytime in their lives.

Our specialist support is for any individual over 11 years old. The services are provided by experienced and qualified sexual-violence-trauma supporters.

 **01283 535110** to contact SARAC

 **staff@sarac.org.uk**


 **[Website](#)** for more information




SARAC– Sexual Abuse Advice, Specialised Male Support

We support males to share their experiences of rape/sexual abuse in a safe, anonymous environment (all names and identifying details will be changed).

They can share as much or as little as they want on any aspect of their experience and in any format

 **01283 535110** to contact SARAC


 **staff@sarac.org.uk**

 **[Website](#)** for more information




SARAC– Sexual Abuse Community Based Support

SARAC provides specialist support, which is available in a number of schools and/or community venues throughout East Staffordshire and South Derbyshire.

 **01283 535110** to contact SARAC

 **staff@sarac.org.uk**


 **[Website](#)** for more information




SARAC– Sexual Abuse Support for Professionals

Professionals can contact the service for:

1. A debrief after assisting someone who has experienced sexual assault;
2. A consultation for support workers helping those in trauma; professional training for staff (for example, those working in HR); support based around personal experience; or education awareness sessions for year groups in schools.

 **01283 535110** to contact SARAC

 **staff@sarac.org.uk**

 **[Website](#)** for more information




SV2– Supporting Victims of Sexual Violence


SV2 is a charity commissioned by Derbyshire Constabulary to provide support from Independent Sexual Violence Advisers (ISVAs). We work in partnership with the police but independently in order to advocate for anyone who accesses our services.

SV2 provides a range of therapy services for adults and children including art therapy for children aged 0-13.

SV2 offers Sexual Abuse Support for Victims Across Areas of Derbyshire including South Derbyshire

 **01773 746115** to contact SV2

 **help@sv2.org.uk**



 **[Website](#)** for more information





Addiction Support : South Derbyshire and South Derbyshire Dales

Derbyshire Recovery Partnership– Swadlincote

Derbyshire Recovery Partnership provides services to meet the health and harm reduction needs of those in Derbyshire with a drug and/or alcohol problems. The teams offer different levels of support from brief advice and harm reduction to intensive structured 1-to-1 and group work.

 **01283 817352** to contact Swadlincote DRP
 **info@derbyshirerecoverypartnership.co.uk**

 [Website](#) for more information


 **Bankgate Resource Centre**, Rink Drive, Swadlincote, Derbyshire DE11 8JL




Derbyshire Alcohol Advice– Swadlincote

DAAS is part of the Derbyshire Recovery Partnership, providing support for anyone over the age of 18 who lives in Derbyshire (excluding Derby City) and is affected by substance misuse, their own or someone else's.

 **01283 817352** to contact Swadlincote DAAS
 **admin@daas.uk.com**

 [Website](#) for more information


 **Bankgate Resource Centre**, Rink Drive, Swadlincote, Derbyshire DE11 8JL



Alcoholics Anonymous

AA is concerned solely with the personal recovery and continued sobriety of individual alcoholics who turn to the Fellowship for help.


Centre's In South Derbyshire and South Dales

 [Website](#) for more information




Derbyshire Recovery Partnership-Family Support Services

Derbyshire Recovery Partnership understands how much another person's substance misuse can affect those around them. The support we offer is designed to support the whole family or those closely affected with the primary aim of encouraging the drug or alcohol user into treatment or to support them to stay in treatment. If however the person in treatment does not wish you or another family member to be present, or to be involved, we have adhere to their wishes and maintain their confidentiality.

 **01283 817352** to contact Swadlincote DRP


 **Info@derbyshirerecoverypartnership.co.uk**

 [Website](#) for more information




Change, Grow and Live– South Derbyshire and South Dales

We support young people who are using drugs or alcohol, feel they have a problem and want some help.

 **01773 303646** to contact the CGL


 **Derbyshire@cgl.org.uk**


 [Website](#) for more information




GAMcare– South Derbyshire and South Dales

One-to-one face-to-face, online and telephone therapeutic support and treatment for people experiencing gambling harm, as well as family and friends who are impacted by gambling.

 **0808 8020 133** to contact GAMcare

 Email Links for GAMcare

 [Website](#) for more information





Live Life better Derbyshire


Did you know you are four times more likely to quit smoking with the help of your local stop smoking service?

At Live Life Better Derbyshire we provide support, help and advice to help you make a successful quit attempt.

We hold face-to-face stop smoking clinics across the county including South Derbyshire.

 **0800 085 2299** to discuss with the service


 [Website](#) for more information

 **Green Bank Leisure Centre**, Civic Way, Swadlincote DE11 0AD

Live Life BETTER DERBYSHIRE

If you need treatment for drug addiction, you're entitled to NHS care in the same way as anyone else who has a health problem.


With the right help and support, it's possible for you to get drug free and stay that way.


 [Website](#) for more information




Youth Provisions : South Derbyshire & South Dales

Active South Derbyshire– FNP Project (11-16)

 **Greenbank Leisure Centre, Civic Way, DE11 0AD**


 **01283 595873** to contact South Derbyshire Active


 **Active.SD@southderbyshire.gov.uk**

 [Facebook](#) for more information




Active South Derbyshire– WNP Project (11-16)

 **William Allitt School, Sunnyside, Newhall, DE11 0TL**


 **01283 595873** to contact South Derbyshire Active

 **Active.SD@southderbyshire.gov.uk**


 [Website](#) for more information




Hilton Youth Group

 **Hilton Village Hall, Peacraft Lane, DE65 5GH**


 **hiltonyouthgroup@gmail.com**

 [Website](#) for more information

 [Facebook](#) for more information



SHOUT– Woodville

 **Woodville Youth Centre, Moira Road, DE11 8DG**


 **shoutyouthclub@gmail.com**



Midway Community Youth Activities

 **Midway Community Centre, Midway, DE11 0JQ**


 **midwaycya@gmail.com**

 [Facebook](#) for more information




Newhall Royal Oak Boxing Youth Club

 **Newhall Park, Off Orchard Street, DE11 0JX**


 **07714 10652** to contact the club

 **p2rgy@yahoo.co.uk**


 [Facebook](#) for more information



Willington Youth Club


 **The Old School, Castleway, DE65 6BT**

 **07747 795439** to contact the club


 [Website](#) for more information



Ukrainian Youth Centre– Western-On-Trent

 **Ukrainian Youth Centre, Western on Trent, DE72 2BU**


 **01332 700215** to contact the youth centre


 [Website](#) for more information



Mickleover Youth Club


 **Mickleover Youth Club, Vicarage Road, DE3 0ED**

 **07812 300951** to contact Nanda Savage


 [Website](#) for more information



ACE Youth Trust– Ashbourne

 **ACE Youth Trust, St Oswalds Church, School Lane, DE6 1AN**

 **admin@aceyouth.org.uk**


 [Website](#) for more information



Ashbourne Elim Church Youth Group


 **Waterside Business Park, Waterside Road, DE6 1DG**


 **vanessa@ashbourneelim.church**


 [Website](#) for more information



Circus Strong– Ashbourne

 **Unit 4C Blenheim Rd, Airfield Industrial Estate, DE6 1HA**

 **07546 863225** to contact Circus Strong

 [Website](#) for more information



Scouts South Derbyshire & South Dales

 [Website](#) for South Derbyshire




 [Website](#) for Derby North (Mickleover)

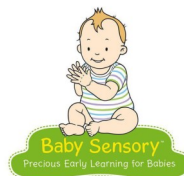
 [Website](#) for Ashbourne






Baby and Toddler Provisions: South Derbyshire & South Dales

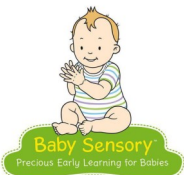
Baby Sensory– Swadlincote and Burton Classes

-  **07855 570117** to contact Baby Sensory
-  **burton@babysensory.co.uk**
-  [Website](#) for more information






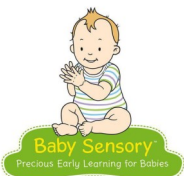
Baby Sensory– Hilton and Mickleover

-  **07967 485855** to contact Baby Sensory
-  **derbyeast@babysensory.co.uk**
-  [Website](#) for more information






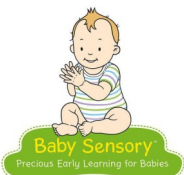
Baby Sensory– Melbourne

-  **07748 080899** to contact Baby Sensory
-  **derby@babysensory.co.uk**
-  [Website](#) for more information






Baby Sensory- Ashbourne

-  **07989 443734** to contact Baby Sensory
-  **derbyshire@babysensory.co.uk**
-  [Website](#) for more information






Glow Bambino-Midlands Central Swadlincote

Award Winning Theatrical Glowing Sensory Adventures for Babies & Tots

-  **07756 740343** to contact the team
-  **amy.glowbambino@outlook.com**
-  [Website](#) for more information






Tots Play-Baby and Toddler Play Programme

-  **Oakland Village Hall, Hall Farm road, DE11 8ND**
-  **rachela@totsplay.co.uk**
-  **07800 995084** to contact Rachel
-  [Website](#) for more information





Dancing Digits-South Derbyshire

Areas for Dancing Digits include **Hilton, Findern, Willington and Melbourne.**

-  **07985 710144** to contact Dancing Digits
-  **derby@dancingdigits.co.uk.**
-  [Website](#) for more information






Tea and Tots– Woodville

-  **Woodville Childrens Centre, Blacksmiths lane, DE11 7EF**
-  [Facebook](#) for more information







Little Elms– Swadlincote

-  **Elmsleigh School, Queens Drive, Swadlincote, DE11 0EG**
-  **enquiries@elmsleigh.derbyshire.sch.uk**
-  **01283 216883** to contact the school






Parents and Toddlers-Salvation Army

-  **181 Wilmot Road, Church Gresley, Swadlincote DE11 9BN**
-  **swadlincote@salvationarmy.org.uk**
-  **01283216264** to contact the Salvation Army
-  [Website](#) for more information







Role Play Village- Swadlincote

-  **55 Swadlincote High Street, Swadlincote, United Kingdom**
-  **epountain@yahoo.co.uk**
-  **07734905729** to contact the centre
-  [Facebook](#) for more information
-  [Website](#) for more information





Western Under Fives Pre-School-Western on Trent

-  **Village Hall, Main Street, Western on Trent, Derby, United Kingdom**
-  **kiddykat56@gmail.com**
-  **07786 751230**
-  [Facebook](#) for more information




Aston-On-Trent Tots

-  **Aston-on-Trent Memorial Hall, Chellaston Lane, DE72 2AX**
-  [Facebook](#) for more information




Baby and Toddler Provisions: South Derbyshire & South Dales

Bailey Bears


 **01335 68466** to contact Bailey Bears

 **Laura@baileybears.co.uk**


 **Website** for more information



Ashbourne Library– Parents and Baby Group


 **01629 533950** to contact the Library


 **ashbourne.library@derbyshire.gov.uk**

 **Facebook** for more information




Little Sparkles– Elim Church

 **Waterside Business Park, Waterside Road, Ashbourne DE6 1DG**

 **01335 344338** to contact the Elim Church


 **vanessa@ashbourneelim.church**

 **Website** for more information




Welly Club– Ashbourne

 **Ashbourne Methodist Church, Church Street, DE6 1AE**


 **07814 192924** to contact the group

 **rooms@ashbournemethodist.or.uk**


 **Website** for more information




Hilltop Tots-Ashbourne

 **Ashbourne Hilltop Primary & Nursery, Wyaston Rd, Ashbourne DE6 1NB**

 **info@ashbournehilltop.derbyshire.sch.uk**


 **01335 343041** to contact the school

 **Website** for more information




Mini Bears– Ashbourne

 **St Oswald's Church, School Lane, Ashbourne, DE61DN**


 **01335 343052** to contact the Church


 **ashbournechurch@gmail.com**

 **Website** for more information




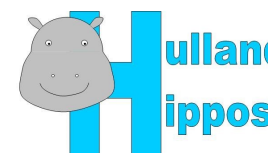
Hulland Hipos– Ashbourne

 **The Rectory, 16 Eaton Close, Hulland Ward, Derbyshire, DE6 3EX**


 **01335 371947** to contact the Church


 **penny.northall@hotmail.co.uk**


 **Website** for more information



Wyaston Baby and Toddler Group


 **Wyaston Village Hall, Main Road, Wyaston, DE6 2DR**

 **07899 941814** for further details


 **Facebook** for more information



Messy Tots– Ashbourne


 **Wyaston Rd, Ashbourne DE6 1NB**

 **Messytotsashbourne@gmail.com**


 **Facebook** for more information



Ashbourne Pavilion

 **Cokayne Avenue, Ashbourne, DE6 1EJ**

 **thepavilionashbourne@gmail.com**


 **Facebook** for more information




Puddle Ducks– Ashbourne

We run swimming lessons for babies, pre-schoolers and children in Ashbourne.

- Baby and infant swimming classes from birth
- Swimming lessons for toddlers / pre-school children up to 4 years old

 **Ashbourne Adelaide Grange, Cockshead Lane, Snelston Derbyshire, DE6 2DN**

 **derbyshire@puddleducks.com**

 **Website** for more information




Baby and Toddler Provisions: South Derbyshire & South Dales

Little Micklers - Mickleover


 **Mickleover Methodist Church**, Station Road, DE3 9GH

 **Fmc.candfwmickleovermethodist@gmail.com**


 [Website](#) for more information




Sense of Calm - Mickleover

 **07915 395440** to contact Sense of Calm

 **Info@senseofcalm.org**


 [Website](#) for more information

 [Facebook](#) for more information



Rainbow Rascals Stay and Play - Swadlincote


 **Emmanuel Church Hall**, Swadlincote, DE11 8LF

 [Facebook](#) for more information




Rhyme Time - Swadlincote

 **Swadlincote Library**, Civic Way, Swadlincote, DE11 0AD


 **01629 533013** to contact Swadlincote Library

 **swadlincote.library@derbyshire.gov.uk**

 [Website](#) for more information




Rhyme Time - Etwall

 **Etwall Library**, Main Street, DE65 6LP

 **01629 532633** to contact the Etwall Library 2

 **etwall.library@derbyshire.gov.uk**


 [Website](#) for more information



Breastfeeding Group - Woodville


 **Woodville Childrens Centre**, Blacksmiths lane, DE11 7EF

 **derbyshire@breastfeedingnetwork.org.uk**


 [Website](#) for more information



Breastfeeding Group - Repton


 **Repton Village Hall**, Askew Grove, DE65 6GR

 **derbyshire@breastfeedingnetwork.org.uk**


 [Website](#) for more information



Repton Baby and Toddler Group - Repton


 **Repton Village Hall**, Askew Grove, DE65 6GR


 **reptonbabyandtoddler@gmail.com**


 [Facebook](#) for more information



Etwall Baby and Toddler Group

 **Etwall Scout Hut**, 7-8 Sandypits Lane, DE65 6JA


 **07864 870633** to contact the Group

 [Website](#) for more information




Socatots - Hilton


 **Hilton Village Hall**, Peacroft lane, DE65 5GH

 [Website](#) for more information



Socatots - Mickleover

 **Mickleover Community Centre**, Uttoxeter Road, DE3 0DA

 [Website](#) for more information



Kids Clubs and Activity Searching Tools

 [Kids Activities Directory](#)


 [Community Directory](#)




Weekend & School Holiday Activities : South Derbyshire and South Derbyshire

Visit South Derbyshire

Creative arts festivals, woodland experiences, history talks and demonstrations, crafts courses, well dressings, sporting events, musical performances, Bearded Theory and Bloodstock, are just some of the fabulous events that take place here.

 **01283 223333** to contact the Visitors Centre

 **info@visitsouthderbyshire.co.uk**

 [Website](#) for more information


Visit
SOUTHDERBYSHIRE

Holiday, Activities and Food (HAF)- It's About Me

It's About Me is a programme for families in Derbyshire to help children and young people have fun, active, and healthy school holidays!

Funded by the Department for Education, It's About Me holiday clubs are designed for children who are eligible for benefits-related free school meals and are delivered in partnership with Derbyshire County Council and local activities providers.


 **derbyshireholidayactivities@streetgames.org**


 [Website](#) for more information



Active Nation– School Holiday Activities

Every school holiday, we run children's activity camps at our venues. The camps are designed to keep your children active and engaged during the school holiday periods, making sure they spend some valuable time away from the TV and games consoles and doing some more fun and energetic things!

 [Website](#) for both South Derbyshire Leisure Centres

 [Website](#) regarding the holiday activity opportunities


Active South Derbyshire


Our Play, Sports and Adventure Mobiles travel across the District to provide games and activities galore at a host of community venues.

Please note that all of these activities are open public sessions in open public spaces and run on a drop in and out basis, meaning young people are free to come and go as they please. The staff working at these sessions are there to supervise young people when they are using our equipment only. We therefore recommend that parents or guardians remain at sessions and supervise their children at all times.

 **01283 595873** to contact Active South Derbyshire

 **Active.SD@southderbyshire.gov.uk**

 [Website](#) for more information


 [Facebook](#) for more information



Active South
Derbyshire

Park life South Derbyshire

Park life is activities for all in the open air and spaces.

 [Website](#) for more information



Parental Support: South Derbyshire and South Derbyshire Dales


Autism Advice and Support– South Derbyshire & South Dales

We are passionate about supporting the local autistic community in Derbyshire and Derby City. One of the ways we do this, is by delivering drop-in sessions across the counties in accessible community locations, just as GP surgeries, libraries and so on.

Ashbourne Drop in session takes place at **Ashbourne Library, 11am-2pm** on the **10/08/2023**. The Drop in session In Swadlincote takes place at the **Citizens Advice Bureau in Church Gresley, 1pm-3pm** on the **13/12/2023**

For more information use the contact details below:

 Autismservice@citizensadvicemidmercia.org.uk

 [Website](#) for more information




Breastfeeding Derbyshire Network - Feeding Together

Our mission is to offer independent, evidence-based information and support to help build awareness of breastfeeding to individuals and organisations and to support a parent in their choice to breastfeed.

Drop in session takes place at the **Woodville Children's Centre** on the **Last Wednesday of every Month, 10:15am-11:00am**

For more information the contact details are below:


 derbyshire@breastfeedingnetwork.org.uk

 [Website](#) for more information



Circularity

we are a designated safe space powered by volunteers to run the library service and to provide a haven for reading and creativity in Woodville.

 [Website](#) for more information




Family Support Derbyshire


Offering support to any family with a child under 5 years in South Derbyshire.

Are you a parent in need of help?

We understand the challenges faced by families and can offer emotional and practical support. Whatever your situation or difficulty, we are here to help.

 **07903258152** to contact Lydia Hodgson

 Lydia@familysupportderbyshire.org.uk

 [Website](#) for more Information




Special Needs Circle– Connect

Special Needs Circle are hosting a connect event on the 26th of May. This event will give and opportunity for parents and carers to receive support and to bring different groups, charities and organisations for families of children with additional needs

 **07495551974** to contact the special needs circle


 lyn.sncem@gmail.com


 [Website](#) is being redesigned and updated



PEGS– Parental, Education Growth Support

PEGS is committed to supporting parents, carers and guardians impacted by Child to Parent Abuse. through a range of online services

 [Website](#) for more information


 [Facebook](#) for more information



LGBT Collective-Parent/Guardian Advice

This is a new group which will provide a safe space for LGBT+ parents/guardians living in Derbyshire or parents/guardians of children who identify as LGBT+ or may be questioning their sexual orientation or gender identity.

The group will meet both virtually and face to face allowing parents/guardians to have peer to peer support as well as accessing a range of information, contacts and training dependent on what the group feels will support them and their families.

 [Website](#) for more information

 hello@lgbtcollective.co.uk


 **07883 509312** for more information

 [Facebook](#) for Parent/Guardian Group



Support for Families and Early Help


There are a number of reasons why extra help is sometimes needed. Getting the right information, advice and support at the right time can help.

 [Website](#) for the Community directory for Families

 [Website](#) for Children Centres



Starting Point– Derbyshire County Council

 [Website](#) for more information

STARTING POINT
A new way of working in Derbyshire.

SEND –Special Educational Needs and Disabilities support


Autism Advice and Support– South Derbyshire & South Dales

We are passionate about supporting the local autistic community in Derbyshire and Derby City. One of the ways we do this, is by delivering drop-in sessions across the counties in accessible community locations, just as GP surgeries, libraries and so on.

Ashbourne Drop in session takes place at **Ashbourne Library, 11am-2pm** on the **10/08/2023**. The Drop in session In Swadlincote takes place at the **Citizens Advice Bureau in Church Gresley, 1pm-3pm** on the **13/12/2023**

For more information use the contact details below:


 **Autismservice@citizensadvicemidmercia.org.uk**

 **Website** for more information



Derbyshire Local Offer


Helping and supporting children & young people with special educational needs and disabilities to be more confident in their communities and live independently.

 **Website** for more information



Derbyshire Information Advice & Support Service for SEND


provides independent information, advice and support to children and young people with special educational needs and disabilities (SEND), as well as their parents and carers.

 **Website** for more information




Umbrella Embracing Abilities

Umbrella supports any family with a disabled child or young adult aged 5 to 30. Umbrella is able to support a child or young adult no matter what their disability as our services are person centred to meet individual needs.

 **01332 785658** to contact Umbrella embracing abilities

 **admin@umbrella.uk.net**

 **Website** for more information




Special Needs Circle– Connect

Special Needs Circle are hosting a connect event on the 26th of May. This event will give an opportunity for parents and carers to receive support and to bring different groups, charities and organisations for families of children with additional needs

 **01332 949986** to contact the special needs circle

 **Lyn@specialneedsircle**


 **Website** for more information




Neurodevelopmental Hub– South Derbyshire

The Neurodivergent Community Hubs are here to help children, young people, and their families who are pre or post diagnosis.

 **ch@citizensadvicemidmercia.org.uk**


 **Website** for more information

 **114 Church Street, Church Gresley, Swadlincote, DE11 9NR**




Shout Out

Shoutout is a charity for adults with additional needs in South Derbyshire, Burton-on-Trent and the surrounding area. We have two friendly drop-in groups in Woodville and Winhill and also organise community trips, activities and outings.

 **07850 666125** Contact our Chair Kim Coe


 **kimangelacoe@gmail.com**

 **Website** for more information




Super 1's

Super 1s gives young people with a disability aged 12-25 the chance to play regular, competitive cricket.

 **07464 593386** to contact Jess Bakewell


 **jess.bakewell@dcfcricket.com**

 **Website** for more information




Family Support Derbyshire

We understand the challenges faced by families and can offer emotional and practical support. Whatever your situation or difficulty, we are here to help with issues such as Special Educational Needs.

 **07903 258152** to contact Lydia Hodgson

 **lydia@familysupportderbyshire.org.uk**

 **Website** for more information



LGBT Support: South Derbyshire and South Derbyshire Dales

LGBT Collective – Swadlincote Youth Group


LGBT+ Collective are a volunteer led registered non-profit organisation set up to support the LGBT+ community in Derbyshire, including South Derbyshire.


For more information regarding the Swadlincote Youth Club click on the image below to enlarge the image




LGBT Collective - One 2 One Support


Our One to One support is not a counselling service but we want to provide a service that supports all ages of the LGBT+ community in Derbyshire.

 [Website](http://www.lgbtcollective.co.uk) for more information

 [Referral form](http://www.lgbtcollective.co.uk): Return to info@lgbtcollective.co.uk

 info@lgbtcollective.co.uk

 **07984 352366** to talk to LGBT Collective

 [Facebook](https://www.facebook.com/lgbtcollective) for more information


Click the image to enlarge it!



LGBT Collective - Parent/Guardian Support

This is a new group which will provide a safe space for LGBT+ parents/guardians living in Derbyshire or parents/guardians of children who identify as LGBT+ or may be questioning their sexual orientation or gender identity.

The group will meet both virtually and face to face allowing parents/guardians to have peer to peer support as well as accessing a range of information, contacts and training dependent on what the group feels will support them and their families.

 [Website](http://www.lgbtcollective.co.uk) for more information


 hello@lgbtcollective.co.uk

 **07883 509312** for more information

 [Facebook](https://www.facebook.com/lgbtcollective) for Parent/Guardian Group

LGBT Collective– Training and Resources

This is the link for Training and resources for the LGBT Community and Allies:

 [Website](http://www.lgbtcollective.co.uk) for more information

 hello@lgbtcollective.co.uk

 **07883 509312** for more information





Education, Employment and Training : South Derbyshire and South Derbyshire Dales

SDDC-Adult Education

 **01629 533290** to contact Swadlincote ACE Centre

 **swadlincote.ace@derbyshire.gov.uk**


 **[Website](#)** for more information

 **[Facebook](#)** for more information




SDDC- Active School Partnerships

 **customer.services@southderbyshire.gov.uk**


 **[Website](#)** for more information



SDDC-Bike ability


 **01283 595772**

 **lewis.cotton@southderbyshire.gov.uk**


 **[Website](#)** for more information



SDDC-Environmental Education Project

 **01283 535039** to contact the Rosilton Forestry Centre

 **rosilton@southderbyshire.gov.uk**


 **[Website](#)** for more information



SDDC- Swadlincote Townscape Heritage Scheme


 **01283 535039** to contact the Rosilton Forestry Centre

 **rosilton@southderbyshire.gov.uk**


 **[Website](#)** for more information




Derbyshire Dales- Ashbourne Education Centre

 **01629 355696** To contact Ashbourne ACE


 **deborah.rogers@derbyshire.gov.uk**

 **[Website](#)** for more information


 **[Facebook](#)** for more information



Derbyshire Dales- RISE Project


 **01629 761122** to contact the Project

 **waste@derbyshiredales.gov.uk**

 **[Website](#)** for more information




Derbyshire Dales- Apprenticeships

 **[Website](#)** for more information




South Derbyshire and South Dales: Employment & Education

Employment and education officers (EEOs) contact young people throughout the county aged between 16 and 18 years old to find out if they are in employment, education or training.


 **07824 889112** to contact Irene Wells

 **irene.wells2@derbyshire.gov.uk**


 **[Website](#)** for more information



Disability Employment Service

 **01629 531440** to contact the team


 **disabilityemploymentservice@derbyshire.gov.uk**

 **[Website](#)** for more information



REED in Partnership

 **01283 907035** to contact Customer Services


 **[Website](#)** for more information

Reed in Partnership

Special Needs Circle- Home Education Group

 **01332 949986** to contact the special needs circle

 **Lyn@specialneedscircle**


 **[Website](#)** for more information



Chameleon: School of Construction- Swadlincote


 **01283 213427** to contact Chameleon

 **enquiries@chameleonschoolofconstruction.co.uk**


 **[Website](#)** for more information



Burton and South Derbyshire College

 **01283 494400** to contact the college

 **enquiries@bsdc.ac.uk**

 **[Website](#)** for more information




Volunteering: South Derbyshire and South Derbyshire Dales


SDDC– Volunteering

Volunteering is a great way to learn new skills, get active and make new friends.

Local opportunities are advertised at Do-it so you can search and apply for roles at any time to suit you

 **01283 595795** to contact SDDC Customer Services


 **customer.services@southderbyshire.gov.uk**

 [Website](#) for more information



South Derbyshire Volunteer Force

We help people who want to volunteer in South Derbyshire, support local volunteer-involving organisations, and celebrate volunteering!


 [Website](#) for more information



Volunteer with the SDCVS


South Derbyshire CVS is a local charity working to improve the quality of life for people in South Derbyshire. It is also home to South Derbyshire Volunteer Force!


We have a range of 'in-house' volunteer opportunities available at South Derbyshire CVS

 [Website](#) for more information



Connex– Ashbourne

 **01335 348600**


 [Website](#) for more information



South Derbyshire & South Dales Youth and Community Engagement


If your Interested in volunteering in South Derbyshire & South Dales

Please contact South Derbyshire Youth and Community Engagement Worker :

 Tel: **07866 828513** to contact Mitch Duggins

 Teams: **01629 531884** to contact Mitch Duggins

 Email: **mitch.duggins@derbyshire.gov.uk**


 [Website](#) for more information




Derbyshire Carers Association– Volunteering

Volunteers are invaluable and help us make DCA what it is! We are looking for volunteers to support our teams across Derbyshire, this could be from one of our offices, out in the community or even from your own home.

We currently have a range of volunteering opportunities available and we would love for you to join us.

 **01773 833833** to contact the DCA

 **info@derbyshirecarers.co.uk**


 [Website](#) for more information



South Derbyshire Time Swap

Time Swapping (or Time Banking) is a fantastic initiative which allows members of the community to 'swap' their time to help somebody else. This support can range from assistance with gardening, to teaching I.T skills, or giving cookery lessons - the sky is the limit!

 **derbyshiretimeswap@sdcvs.org.uk**

 [Website](#) for more information




LGBT Collective

LGBT Collective require volunteers for their Swadlincote HUB. Please click on the picture for more details :



Citizens Advice

Citizens Advice Mid Mercia (South Derbyshire) are looking for Admin and Customer service volunteers. Please find the details below:


 [Website](#) for more information

**citizens
advice**

Derbyshire County Council– Become a volunteer

Volunteering is all about giving your time to do something useful, without getting paid.

If you're thinking of giving up some of your time to lend a hand, search our list of local organisations looking for volunteers.


 [Website](#) for more information



Showcase of the Month: Derby and Derbyshire Mental Health and Emotional Wellbeing

Derby & Derbyshire Emotional Wellbeing

This emotional health and wellbeing signposting website for Derby and Derbyshire contains local and national links and resources updated regularly.


 [Website](#) for more information



Emotional Health & Wellbeing
Transforming Health & Wellbeing for Everyone

Derby & Derbyshire Emotional Wellbeing– Professional

This emotional health and wellbeing signposting website for Derby and Derbyshire contains local and national links and resources updated regularly.


 [Website](#) for more information



Emotional Health & Wellbeing
Transforming Health & Wellbeing for Everyone

Derby & Derbyshire Emotional Wellbeing - Safeguarding

This emotional health and wellbeing signposting website for Derby and Derbyshire contains local and national links and resources updated regularly.

 [Website](#) for more information

Derby & Derbyshire Emotional Wellbeing - Showcase Document

Please find attached the showcase document by Derby & Derbyshire Emotional Wellbeing



[Document](#) for more information



Emotional Health & Wellbeing
Transforming Health & Wellbeing for Everyone

Derby & Derbyshire Emotional Wellbeing– Neurodiversity

Concerned about your child's development? Currently going through an assessment process for your child? Explore the headings below to access videos with information, advice, website links and strategies to help you and your child.



[Website](#) for more information



Emotional Health & Wellbeing
Transforming Health & Wellbeing for Everyone


HAF-Holiday, Activities and Food Program: South Derbyshire and South Derbyshire Dales


Holiday, Activities and Food (HAF)- It's About Me

It's About Me is a programme for families in Derbyshire to help children and young people have fun, active, and healthy school holidays!

Funded by the Department for Education, It's About Me holiday clubs are designed for children who are eligible for benefits-related free school meals and are delivered in partnership with Derbyshire County Council and local activities providers.

 amie.brown@streetgames.org

 [Website](#) for more information

 **07485 373003** to contact Amie Brown (Program Area Lead)

it's about me-

Holiday, Activities and Food (HAF)- How to book

Click the Picture below to enlarge the image!



HOW TO BOOK

STEP 1

1. Go to www.itsaboutmederbyshire.co.uk and click **BOOK NOW**
2. Enter your criteria E.g Location, participant age, date and click **SEARCH**
To view the session details click **MORE INFORMATION**
3. Once you've found a holiday club you like, click and choose a date and time that works for you **BOOK NOW**
4. Enter your child's details- you can add more than one child
You may need to add 'Supplementary Information'. Please write 'none' in any fields that do not apply.

Repeat to add more sessions!

STEP 2

1. Once you have chosen all your sessions, go to your cart and click **CHECKOUT**
2. To complete your booking you will need to create a log-in. You can then view/ edit and add any additional bookings at any time by logging in.

STEP 3

1. Click **COMPLETE BOOKING**


Create a Log-In

- ☒ Add your details
- ☒ Sign up for session reminders
- ☒ Enter your child's details
- ☒ Sign up to our It's About Me newsletter

No longer able to attend your session?
Please contact the organiser if you are unable to attend one of your booked activities. Places are limited and the venue will be able to open up the space for other children and young people.

Holiday, Activities and Food (HAF)- Home Activities


It's About Me is a programme for families in Derbyshire to help children and young people have fun, active, and healthy school holidays! These Activities include a Activities at home section. Click the link below to view.

 [Website](#) for more information

it's about me-

Holiday, Activities and Food (HAF)- Sign up to a provider


Already an It's About Me provider? Log-in to access guidance documents and exclusive content that will support your programme.

 [Website](#) for more information

it's about me-

Holiday, Activities and Food (HAF)- Sign up for the updates newsletter

We'll send you notifications when bookings open and share exciting resources from It's About Me.


 [Website](#) for more information

it's about me-


Any Other Information: South Derbyshire and South Dales

Visit South Derbyshire

Creative arts festivals, woodland experiences, history talks and demonstrations, crafts courses, well dressings, sporting events, musical performances, Bearded Theory and Bloodstock, are just some of the fabulous events that take place here.

 **01283 223333** to contact the Visitors Centre


 **info@visitsouthderbyshire.co.uk**

 [Website](#) for more information

Visit
SOUTHDERBYSHIRE

Day Out with the Kids Ashbourne


Here at Day Out With The Kids we've found **1225** fun things to do in Ashbourne for you and the family to discover. What's more, the weather shouldn't be a problem – **914** of the attractions are indoors. Finding the right Ashbourne day out for your family is easy – simply explore the links below or use the filters at the top of the page to plan your next adventure.

 [Website](#) for more information



Day Out with the Kids Swadlincote


Here at Day Out With The Kids we've found 995 fun things to do in Swadlincote for you and the family to discover. What's more, the weather shouldn't be a problem – 725 of the attractions are indoors. Finding the right Swadlincote day out for your family is easy – simply explore the links below or use the filters at the top of the page to plan your next adventure.


 [Website](#) for more information



South Derbyshire and South Dales: Places where to visit

Website links below showcasing the local information for both South Derbyshire and Derbyshire Dales

 [Website](#) for more information on South Derbyshire

 [Website](#) for more information on Derbyshire Dales




Holiday, Activities and Food (HAF)- It's About Me

It's About Me is a programme for families in Derbyshire to help children and young people have fun, active, and healthy school holidays!

Funded by the Department for Education, It's About Me holiday clubs are designed for children who are eligible for benefits-related free school meals and are delivered in partnership with Derbyshire County Council and local activities providers.


 **derbyshireholidayactivities@streetgames.org**

 [Website](#) for more information




Collective Hub Swadlincote

We are all so excited the Collective Hub Swadlincote, Grand Opening will take place on Sunday November 5th 2023, time TBC

 **07883 509312** to contact LGBT collective


 **swad@crderbyshire.co.uk**

 [Website](#) for more information




Other Directories: South Derbyshire and South Dales

Community Directory for families

 [Website](#) for more information




Community Directory Derbyshire

 [Website](#) for more information




Become a volunteer

 [Website](#) for more information




Derby and Derbyshire Safeguarding Childrens Partnership

 [Website](#) for more information




Safer Derbyshire - The Website for community safety

 [Website](#) for more information



Day Out with the Kids Swadlincote


Here at Day Out With The Kids we've found 995 fun things to do in Swadlincote for you and the family to discover. What's more, the weather shouldn't be a problem – 725 of the attractions are indoors. Finding the right Swadlincote day out for your family is easy – simply explore the links below or use the filters at the top of the page to plan your next adventure.

 [Website](#) for more information




Day Out with the Kids Ashbourne

Here at Day Out With The Kids we've found **1225** fun things to do in Ashbourne for you and the family to discover. What's more, the weather shouldn't be a problem – **914** of the attractions are indoors. Finding the right Ashbourne day out for your family is easy – simply explore the links below or use the filters at the top of the page to plan your next adventure.

 [Website](#) for more information




Club Hub - The UK's Largest Kids Activities Directory


 [Website](#) for more information



Visit South Derbyshire

 **01283 223333** to contact the Visitors Centre


 info@visitsouthderbyshire.co.uk

 [Website](#) for more information



Reach Volunteering


Reach Volunteering is the leading skills-based volunteering charity and the UK's single biggest source of trustees for the voluntary sector.

 [Website](#) for more information



Derby & Derbyshire Emotional Health and Wellbeing

This emotional health and wellbeing signposting website for Derby and Derbyshire contains local and national links and resources updated regularly.


 [Website](#) for more information



Emotional Health & Wellbeing
Transforming Health & Wellbeing for Everyone

Derbyshire Safeguarding Adults Board

Derbyshire Safeguarding Adults Board (DSAB) is a multi-agency strategic partnership, which ensures and oversees the effectiveness of arrangements made by individual agencies to safeguard adults who have care and support needs or are experiencing, or at risk of experiencing, abuse or neglect

 [Website](#) for more information

