

# **Longford C of E Primary School**

# Safeguarding Newsletter



Anyone who is worried about the welfare and safety of a child can phone CALL DERBYSHIRE on 01629 533190.

### Why have a safeguarding newsletter?

- Ensuring children's safety is our top priority; we do a lot within school to ensure that children feel safe and so we want you to know more about this.
- We can offer support and advice for you to draw upon, if you feel you need it.
- We can raise awareness around key safeguarding concerns for our school e.g. online
- Good home-school relationships are important in ensuring the safety of all pupils.

# Who can you speak to in school?

If you have concerns about a child, whether your own or not, then please always speak up and say something.

You can speak to any member of staff in school.

We also have a specific Safeguarding Team i.e. the Designating Safeguarding Leads (DSLs):

Miss Elise Piper - DSL Mrs Julie Bates - Deputy DSL Mrs Natalie Clarke - Deputy DSL

Whilst all staff undergo safeguarding training annually, DSLs have further specialist training every two years.

Mr Jonathan Hewitt is the school governor with responsibility for safeguarding.

#### Safeguarding Team at Longford C of E Primary School

Longford C of E Primary School is committed to safe







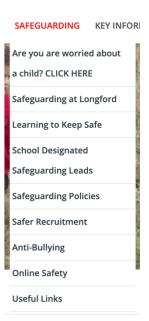


### **Key Information:**

- Safeguarding is a top priority
- All staff in school follow specific policies procedures to ensure the safety of all children
- We have a safeguarding section on our school website, where you can seek further information
- Raising awareness about online safety safeguarding
- Ensuring good attendance safeguarding

**NSPCC: Support for Parents** 

https://www.nspcc.org.uk/keepingchildren-safe/support-for-parents/





# We will ask questions and this is important

It is our job to ask questions, so please don't feel offended if we do.

Some examples of when we may ask you a question include:

- When a child tells us something and we need to find out a bit more information.
- If your child has a bruise or mark which we were are not aware of.
- Your child's behaviour changes e.g. they become withdrawn.
- You are consistently late bringing or collecting your child.
- Your child's attendance is poor.
- We feel you may be struggling and would like some support.

Please know that are we are not here to judge, but to ensure the safety of all children, by following the policies and procedures that are in place and which all schools are expected to follow.

# Ways you can help:

- Letting us know if your child has a bruise/mark and what caused it
- Informing us of any changes at home which you feel may impact upon your child in school
- Informing us if you feel you are struggling and would like some support – we are here to help!



All safeguarding concerns that are either identified within school or reported to us, along with any action(s) taken, are logged on an online platform called 'My Concern', so that we have a detailed and accurate record for each child.



# How else do we keep children safe in school?

- Locks on main doors and gates into school
- Signing in system for visitors + badge ID system
- All staff safeguarding trained
- DSL on site every day
- A system of safer recruitment including background checks on all staff
- First Aid training
- Fire alarm testing & practises
- Safeguarding policies in place across school
- Safeguarding is addressed with children through the curriculum
- Themed assemblies
- School values
- High behaviour expectations
- Family support worker

Plus much more!

Pick up: Please do inform us if your child is being collected by another parent or family member/friend who is not known to us, otherwise we will need to ring you to check (even if it is another parent we know very well!) Again, this is to ensure the safety of all children.

## **Our Early Help Offer through EMBARK**

We understand that from time-to-time, life can have its complications and sometimes families may need some extra help. To support and advise you as soon as a problem emerges, we have an Early Help Offer.

We believe that by working together, we can better support children and families. Sometimes, families need support from a wide range of agencies or people and through our Early Help Offer, we may be able to signpost a range of services to support you beyond the educational setting.

Within school, we have a Family Liaison Worker called Claire Metcalf who visits once a week to carry out Early Help assessments, meetings and reviews, supporting both children and parents.

Claire is also able to support and work with children 1:1 on self-esteem, anger and anxiety and she can also support groups of children on listening skills and behaviour.

Claire is available to contact at cmetcalf@embarkfed.org.uk

To find out more about our Early Help offer, please visit the school website:

https://www.longford.derbyshire.sch.uk/parent-information-/early-help-offer

# **Online Safety**

Keeping children safe online is just as important as it is in the 'real' world. We all know that children are accessing the internet at increasingly younger ages, so it is important that they are aware of what can be done to keep them safe online.

So, what can you do?

 Parental controls: Parental controls have been designed to help you manage your child's online activities. There are various types, some of which are free but others which can be bought.

However, nothing is totally foolproof so this shouldn't replace the support and guidance you give your child to help keep them safer. For more information and step by step instructions on setting up parental controls, visit <u>Parental</u> Controls & Privacy Settings Guides - Internet Matters.



- Supervise their online activity: Keep the devices your child uses in communal areas of the
  house, such as the living room or kitchen, where an adult is able to supervise. Primary-age
  children should not access the internet in private spaces alone, such as in a bedroom or
  bathroom.
- Explore together and chat little and often: Ask your child to show you their favourite apps, games & sites and encourage them to teach you how to use them. Ask them if anything ever worries them online. Make sure they know they won't be in trouble and can get help by talking to you or another adult they trust if anything happens online that makes them feel worried, sad or scared.

# More information?

'Thinkuknow' is the education programme from the National Crime Agency's Child Protection Command CEOP (NCA-CEOP) whose aim is to protect children and young people from sexual abuse online.

For more information, advice and guidance, visit their <u>parent's website</u> and download their <u>home activity worksheets</u> for fun, online safety activities to do with your family.



E-safety tips for Primary School parents: https://www.internetmatters.org/wp-content/uploads/2015/06/ncro3p-Internet-Matters E-safety Primary School1.pdf

CEOP.police.uk



#### **Anti-Bullying**

It is important that we are all aware of what bullying is, as it is a serious accusation.

Sometimes, the word 'bullying' is used, without the true meaning of it being understood.

When there is a real case of bullying, we will do everything to stop it and we will work with both the parents and children concerned to do this. Bullying is **never** okay.

It is therefore important that when it is not bullying, it is not referred to as such

Bullying is when a child is **hurting** or **targeting** a child **on purpose**, **over and over again** 

A helpful acronym is:

Several

Times

On

Purpose

Most times, when the word 'bullying' is used, it is when a one-off incident has occurred or when children have fallen out with one another.

We will always deal with these sorts of friendship issues within school, and endeavour to resolve them, but we should all remember that such incidents should not be referred to as bullying.

The children learn lots about bullying within school, for example, during our recent Anti-Bullying Day, and we are committed to preventing it from happening within school. We will always deal with bullying.

Our core school values also ensure that positive behaviour is continuously reinforced and when behaviour falls below our expectations, it is addressed in relation to these values.

Our core school values are:

Respect

**Kindness** 

**Empathy** 

Cooperation

Resilience

Our Anti-Bullying Day also coincided with Odd Sock Day, a way of celebrating what makes us all unique!



### To learn more about bullying:

https://www.nspcc.org.uk/what-is-childabuse/types-of-abuse/bullying-andcyberbullying/

#### Wellbeing at Longford

At Longford, we take pupil (and staff) wellbeing seriously, supporting positive mental health.

As you will know, this year we have introduced explicit wellbeing days into the school calendar. These are days where we come off-timetable and focus solely on our mental-health and wellbeing.

Our visit from the 'Worry Wizard' was a great way to get children talking about their wellbeing, with the saying for the day being, 'we all have worries and that is okay'. This helped to develop the children's understanding of what supports our wellbeing and what strategies we can put in place when we are struggling.

The introduction of half-termly walks (along with the new buddy system), is also a way in which we are supporting pupil wellbeing.

## Wellbeing Lead - Mrs Bates

Mrs Bates is our new Wellbeing Lead within school and this means that she is there to support any children who may be feeling anxious and would like to talk through how they are feeling and come up with a plan to move forward. She offers open 'wellbeing slots' at the end of lunchtimes, when children can just turn up to her classroom and share any worries they have with her.

She also has an assistant – Worry Bear – who children can share their concerns with by slipping a note into his paw, which will then be read by Mrs Bates.

(Children can of course speak to, and will be supported by, all adults within school).