

LEGO Build and Talk

LEGO® have created 'Build and Talk' to help you chat to your child about digital safety and wellbeing. Firstly, you pick an activity to do and then you read a story, which includes questions and conversation prompts, whilst they build with their LEGO®. This is a great way to start talking about online safety with your child! God to: <https://www.lego.com/en-gb/sustainability/children/buildandtalk/>

Whilst you're there, view their guides on key topics related to online safety: <https://www.lego.com/en-gb/sustainability/children/digital-child-safety/> or play 'Doom the Gloom' with your child, which will support them in using the internet safely: <https://www.lego.com/en-gb/campaigns/kids/doom-the-gloom.>



Tik Tok *(It has come to our attention that many students within KS2 either have a TikTok account or access the content)*



Please note, that you must be over 13 years of age to use TikTok.

Users can watch musical clips, record clips (it includes lots of lip synching and dancing), edit them and add special effects.

Why should I be concerned?

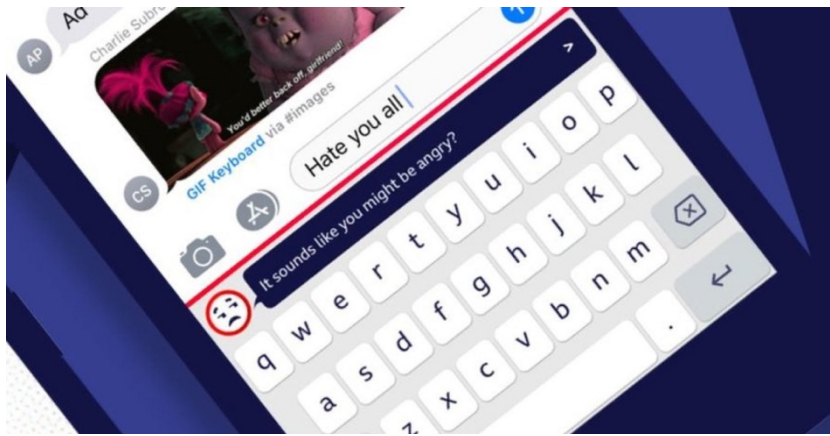
You need to be aware that some of the videos may contain explicit language and sexual imagery, which may not be suitable for your child to view. There is also the risk of strangers contacting your child so make sure you have set up the appropriate settings.

If your child is using TikTok then we recommend setting the account as private (this is the default setting for users under 16 since Jan 2021). Even with a private account, your child's profile information such as their photo and bio are still visible so ensure your child understands the importance of not adding personal information (e.g. location, age and phone numbers) to this area.

Location Settings - Many apps and games now ask users to share their location. It's important that your child understands the risk of location sharing and that you can discuss when it is appropriate to share. You can read more here:

<https://www.net-aware.org.uk/news/a-parents-guide-to-location-settings/>

BBC 'Own It'



BBC 'Own It' is a great website for children and parents alike. In their own words, they are *'here to help kids boss their online lives. Whatever they need – help and advice, skills or inspiration – we have it covered.'*

<https://www.bbc.com/ownit>

From tips on how to deal with friendships online to help and advice on how to look after your wellbeing, the site is a great tool for children to access.

For parents, there is a dedicated section all about device safety:

<https://www.bbc.com/ownit/curations/parents>

A particularly useful section of the site is the **BBC Own It Keyboard and App**.

You can download the app on your child's phone to access the special keyboard, which will offer advice as children type and intervenes. For example, if they're sharing their mobile number, the app will tell your child to 'think safe' before they send the message

(<https://www.bbc.com/ownit/take-control/own-it-app>)

BBC Own it also has a dedicated area for you with video guides on useful topics such as *'the transition from primary to secondary school'* and *'supporting children with social media apps'* and links to other useful sites. Click below to access: <https://www.bbc.com/ownit/curations/parents>

Be Kind Online



It can be very easy online for children to behave in a way that they wouldn't if they were face to face with each other. Talk to your child about how they are speaking to others online and encourage them to talk to people online with respect, like they would if they were face-to-face.

Ensure that your child understands that if they receive unkind messages (or sees something that worries them) then they should not reply or engage in conversation with the person, but they should instead tell a trusted adult.

Apple Guided Access / Android Screen Pinning

Does your child use your phone at times? Both Apple and Android give you the ability to restrict what can be accessed when they are using it, so you can restrict your device to the one app that your child would like to use (so all other features are disabled).

Use the following links to find out how to set it up:

Apple: <https://support.apple.com/en-gb/HT202612>

Android: <https://support.google.com/android/answer/9455138?hl=en-GB>